

SONOMA COUNTY ASSOCIATION OF RETIRED EMPLOYEES (SCARE)

P.O. BOX 5513, SANTA ROSA, CA 95402 www.sonomacountyretirees.com

Minutes of the SCARE Business Meeting, August 28, 2018

Steele Lane Community Center, Santa Rosa

12:30 p.m. Social/1 p.m. Meeting

1. Guest Speaker: Bob Bulwa introduced today's speaker, Nancy Guernon, Director of CareCounsel. CareCounsel has been contracted by the County of Sonoma since 2010 to advocate for employees and retirees with:

- Open enrollment assistance with plan selection
- Assistance finding quality doctors, hospitals and other healthcare providers
- Access to world class health-related information through Stanford Health Care and the Stanford Health Library
- Help understanding treatment costs before getting care and finding the most cost-effective providers
- Guidance for doctor visits and education on medical conditions, tests and treatments
- Help resolving insurance claims and billing issues

CareCounsel Health Advocates are available from 6:30 a.m. to 5:00 p.m., Pacific Time, Monday through Friday at 888-227-3334 (www.carecounsel.com).

2. Call to Order: Following the ~~CARE~~ CareCounsel presentation, the business meeting was called to order by President Alix Shor. There was a quorum today, as more than 25 members were present.

3. Strategic Planning Meeting: Alix reported on a Strategic Planning Meeting the SCARE Board held Saturday morning, August 18, with Attorney Michael Allen (former Assemblyman and Executive Director of SEIU Local 707) acting as Facilitator. The purpose of the meeting was to plan for our future now that the lawsuit against the County has been settled. A questionnaire will be sent out next January to the membership to get their suggestions for the future of SCARE.

4. Email Addresses for Rapid Response: Alix once again asked that members make sure SCARE has personal email addresses (even if they want to get a hard copy of the Newsletter). Send email addresses to Lou Maricle (maricles2@gmail.com). Quite often there are notices that need to be sent out to members between Newsletters.

5. SCARE Scholarships: Alix reminded members that SCARE provides two \$2,000 Sonoma State Scholarships and two \$1,500 SRJC Scholarships to children or grandchildren of Sonoma County employees or retirees. Any interested full-time student should check in with the Financial Aid Office of those facilities. We need to get the word out that these scholarships are available.

6. SCARE Luncheon: Alix reminded members of the September 12th SCARE Luncheon at the Quail Inn in Oakmont. Reservations (\$21 for members/\$25 for non-members) must be sent to Patty Hamley by September 5th. Fliers were included in the August Newsletter and were also on the back table at this meeting.

8. Drawing: 25 members signed the roster for today's meeting. Anna Paul and Patricia Wagner won the drawing for a free SCARE luncheon at Oakmont. Thanks to Carl Jackson for conducting the drawings at our Business Meetings.

8. Adjourn: There being no further business, the meeting was adjourned.

Respectfully submitted,
Patty Hamley, Secretary

2018 Calendar

August 29 – Board Meeting – SCLEA

September 12 – Luncheon – Oakmont

November 7 – Board Meeting

November 27 – Business Meeting – Steele Lane

December 12 – Luncheon – Oakmont