



**Sonoma County Association of Retired Employees**  
*www.SonomaCountyRetirees.com*

**These plans are offered exclusively to SCARE members and are independent of any offered by the County. Enrollment in these plans does not affect any plan you may have through the County.**

Dear SCARE Member:

The role of the Sonoma County Association of Retired Employees (SCARE) is to advocate for, educate, inform, and provide social activities for our members. One of the benefits our members have access to is a variety of quality insurance plans offered at discounted group rates. The plans are offered through Pacific Group Agencies, which currently offers similar plans to numerous other California County Retiree Associations.

This Benefits Guide details the plans offered to SCARE members. These plans are completely independent of those offered through Sonoma County. All the plans detailed in this guide are available individually and are completely voluntary. You must pay the full cost of any selected plan, just as you do with, for example, the dental insurance offered by Sonoma County.

Please review the plans that are available to you. If you wish to enroll in any of these benefit plans, please complete the enclosed enrollment form. If you are enrolling in dental or vision care, it is advantageous to coordinate the end date for any prior insurance (for instance through Sonoma County) with the June 1<sup>st</sup> start date for the Pacific Group dental insurance.

The Open Enrollment period has officially begun. **Open Enrollment for the dental and vision plans ends March 29<sup>th</sup>. Coverage will begin June 1, 2024.** The other plans are available for enrollment year-round.

**Please direct any benefit plan questions to the Benefits Plan Administrator, Pacific Group Agencies, at (800) 511-9065 or SCARE@pgagencies.com. Please do NOT contact SCARE, SCERA, or the County Benefits Division with questions about these plans. They will not be able to assist you.**

Sincerely,

SCARE Board of Directors

# How To Enroll

You can enroll in the **Dental, Vision, Legal Shield, ID Shield, Armadillo, and Personal Accident** plans using the attached enrollment form (last page in the booklet). A postage paid envelope is attached for your convenience. If you do not have the return envelope, please mail the form to:

Pacific Group Agencies  
25876 The Old Road #11  
Santa Clarita, CA 91381

You may also fax the form to: (800) 549-0059. Please make sure to fax both sides of the form.

An online form is available at: [www.pgagencies.com/scare](http://www.pgagencies.com/scare)

You can enroll in the **Pet plans** by calling the carrier direct or visiting their website. If calling, remember to mention you are a SCARE member, so you get special discounted rates.

- Nationwide Pet Insurance (Premiums are credit card billed)  
Visit [www.petinsurance.com/scare](http://www.petinsurance.com/scare) or call (877) 738-7874.
- United Pet Care  
Visit [www.unitedpetcare.com/scare](http://www.unitedpetcare.com/scare) or call (877) 872-8800.

**Travel Guard** should be purchased within two weeks of booking your trip and is on a per-trip basis. To purchase coverage (credit card billed), visit: [www.tiny.one/travelguard](http://www.tiny.one/travelguard)

**Emergency Assistance Plus** is purchased (credit card billed) on an annual basis. Visit [www.myeaplus.com/pedit](http://www.myeaplus.com/pedit) or call (877) 883-1935.

**Term Life** is medically underwritten. Complete the information on the enclosed form and a quote will be mailed to you. Please note: Quotes are generally mailed to members in late January.

**Amplifon Hearing** is a FREE benefit to members and their family. No need to enroll. Just call Amplifon at (877) 846-7075 and let them know you're a SCARE member, and they will explain the process.

# Selecting the Right Dental Plan: PPO vs. HMO

When deciding between a PPO and an HMO plan, many members assume that one must be better than the other. The truth is that neither one is better than the other. They just work differently.

Both plans we offer are comprehensive and cover procedures from routine cleanings and X-rays to major issues like crowns and dentures. So why pick one plan over the other? Freedom and cost are the two main deciding factors for most members.

**PPO Plans** allow you to use any dentist. While PPO plans have dentist networks, you are not required to use a dentist in the network and may use a non-network dentist. However, there are significant cost savings if you do use a network dentist, as network dentists have agreed to charge significantly reduced rates.

Your savings with a network dentist work like this: You need a crown, and the normal cost is \$1,200:

- Your dentist **is** a network dentist: Your dentist has agreed with the insurance carrier to reduce fees. Instead of \$1,200, they agree to charge only \$700. Crowns fall under the Major Services category, so cost is split 50/50 between you and insurance. Your out-of-pocket cost is \$350.
- Your dentist is **not** a network dentist: Your dentist charges their standard \$1,200 rate. Insurance pays its portion based on the average local rate, around \$750. Insurance pays 50% of the \$750, and you will be responsible for the remaining balance. Your out-of-pocket cost is \$825.

We recommend selecting the PPO plan if your current dentist is an Ameritas network dentist, does not accept the Cigna HMO plan, and you're not willing to change dentists. If your dentist does accept the Cigna HMO plan or you are willing to change dentists, the HMO plan is likely the better plan for you.

**HMO Plans** use a network of highly qualified and pre-screened dentists. You must use one of these dentists. A referral to specialists is required and will be provided by your primary dentist.

You are never locked into a dental office. You may switch dental offices as often as you like by calling the insurance company and letting them know you wish to change.

HMO plans have set co-pays for all covered procedures. Therefore, you will know beforehand what your out-of-pocket cost will be. Your dentist is never allowed to charge more than the agreed upon co-pays.

**The Fine Print:** All plans have exclusions and limitations, and they can vary greatly between insurance companies and plan types. They can vary between annual number of cleanings, waiting periods, and annual benefit maximums. These issues should be taken into consideration when choosing a plan.

For example, the Ameritas PPO plan requires a crown to be 10 years old before replacement, while the Cigna HMO plan only requires 5 years.

It's also important to remember that insurance is designed to cover potential future events, not events that have already happened. Therefore, if you have already started work or have a tooth that was missing before the date this insurance started, the insurance most likely will not provide coverage for these issues.

# Dental PPO

*Freedom to Use Any Dentist - No Network Restrictions*

Ameritas Dental Monthly Premium	
Member Only	\$49.95
Member + One (Spouse/Domestic Partner <u>or</u> Child)	\$99.90
Member + Family	\$139.50

Dental work becomes more expensive every day and as too many people find out, going without dental insurance can be a very costly mistake. This comprehensive dental plan covers over 360 procedures, from routine cleanings to major items including crowns, dentures, and implants. Whether you need routine care or something more extensive, this plan will have you covered.

Members and dependents each receive up to a robust **\$2,000 annual network benefit**. Enrollees also have a Dental Rewards benefit which allows them to bank some of their unused benefit for future use. Enrollees who use less than \$750 of their annual benefit will automatically have up to \$400 banked for use in future years.

As an added benefit, enrollees who visit the dentist at least once during the year will have their in-network Basic Services benefit increased by 5% the following year - up to an 85% maximum.

This PPO plan allows you to use any dentist. Your dentist does not need to be part of any network. However, if your dentist is an Ameritas Network dentist, you will receive significantly reduced prices. Ameritas Network Dentists have agreed to charge significantly reduced prices, typically saving you around 36% off their regular rates. Ameritas has the largest dental network nationwide with over 325,000 providers, so there is a good chance your dentist belongs.

**Find Ameritas “Classic PPO & Plus” Network providers  
in your area at: <https://dentalnetwork.ameritas.com/>**

Coverage is available for the member, and you may also insure your spouse/domestic partner, and/or your dependent children up to age 26. Children aged 26 and older are eligible if they are permanently disabled and the member lists them as a dependent on their tax return. Grandchildren are only eligible if you have full legal custody.

# Dental PPO Benefits

Description	Network Dentist	Non-Network Dentist*
<b>Calendar Year Benefit</b>	<b>\$2,000</b>	<b>\$1,500</b>
<b>Dental Rewards</b>	\$400 / Year	\$250 / Year
<b>Calendar Year Deductible</b> <i>Waived for Preventative</i>	\$50 / Person	\$75 / Person
<b>Preventative Services</b>		
Cleaning, Oral Exam, Bitewings	100%	80%
<b>Basic Services</b>		
Periodontal Maintenance, Filling, Simple Extraction, Panoramic X-Ray, Denture Repair & Reline, Recement, Biopsy, Emergency Pain Relief	75% - Year 1 80% - Year 2 85% - Year 3	75%
<b>Major Services</b> <i>12-month waiting period applies unless you had other dental insurance for the prior 12 months. If so, please include proof of current coverage with the enrollment form.</i>		
Crown, Implant, Periodontic, Endodontic, Root Canal, Bridge, Denture, Complex Extraction, Anesthesia, Bone Augmentation, Inlay Restoration, Onlay Restoration, Crown Repair, Bridge Repair, Space Maintainer, Teeth Whitening	50%	50%

\*Benefit levels are based on the average rate a dentist in your zip code would charge for that procedure.

# Dental HMO by Cigna

## *Large Nationwide Network of Providers!*

Monthly Premium	
Member Only	\$30
Member + Spouse / Domestic Partner <u>or</u> Child	\$60
Member + Family	\$100

Comprehensive coverage. Low copay for all covered procedures. Nationwide network of dentists to choose from. What more could you ask for?

This low copay Cigna HMO dental plan has comprehensive coverage, covering 380+ procedures, from routine preventative (cleanings, x-rays) to major (crowns, dentures, extractions, implants, and orthodontics), all at very low copays.

There is no calendar year maximum dollar benefit. There is no waiting period for any covered service. Whether it's a cleaning or a crown, all services are available to the enrollee on day one.

There are no surprises as the copay for every covered procedure is listed upfront. Your dentist may never charge you more than the listed for any of the covered services. Also, many Cigna providers extend discounts on non-covered procedures, such as teeth whitening.

This Cigna plan uses the expanded Cigna Dental Care Access Plus network, which has thousands of dentists to choose from nationwide. All Cigna network dentists and specialists are highly qualified and have been pre-screened and thoroughly evaluated prior to their acceptance. As with all HMO plans, you must select a dentist from the Cigna network. However, you may change dentists at any time by calling Cigna.

Coverage is available for the member, and you may also insure your spouse/domestic partner, and/or your dependent children up to age 26. Children aged 26 and older are eligible if they are permanently disabled and the member lists them as a dependent on their tax return. Grandchildren are only eligible if you have full legal custody.

# Member Copays for Common Dental Procedures

With 380+ covered dental procedures, it would be too numerous to list them all in this booklet. The following list is of the most common procedures covered by this plan and the member copay. A listing of all covered procedures will be mailed to you prior to your coverage becoming effective.

Procedure Type <sup>*</sup>	Member Copay
Oral Exam and Cleaning	\$0
X-Ray	\$0
Resin Filling	\$0
Root Canal (Anterior)	\$30
Extraction of Erupted Tooth	\$0
Periodontal Maintenance	\$15
Scaling and Root Planing	\$15
Porcelain Crown	\$50
Porcelain Inlay / Onlay	\$50
Post & Core	\$25
Denture (Bridge)	\$100
Denture Repair	\$10
Anesthesia	\$0
Post & Core	\$25
Surgical Placement of Transosteal Implant	\$850
Gingivectomy	\$35
Bone Graft	\$135
Tissue Graft	\$60
Removal of Lesion or Cyst and Biopsy	\$0
Abutment	\$355
Desensitizing Medication	\$15

**\*Note:** Procedures have been modified into “plain English” and multiple procedures grouped under a single type. Your specific procedure may have a different copay than the one listed above.

# Cigna HMO General Dentist Directory

*This list is only for those enrolling in the Cigna HMO dental plan.*

**Note:** If enrolling in the Ameritas PPO plan, ignore this list as it pertains only to the Cigna HMO plan.

The following is a list of general dentists in the Sonoma area for the Cigna HMO dental plan. When enrolling in the Cigna HMO dental plan, you must select a General Dental facility at time of enrollment. However, you may change dentists at any time by calling Cigna at (800) 244-6224.

Should you live outside the Sonoma area, for a list of dentists, please visit: **www.cigna.com** and select:

- 1) Find A Dentist (Upper right of screen)
- 2) How are you enrolled (Employer or School)
- 3) Enter your zip and click on Doctor by Type (Dentist)
- 4) Select Guest (Login or Guest)
- 5) Continue
- 6) Select Cigna Dental Care Access Plus

## Fairfield

<b>Fairfield Dentists</b>	<b>Facility #540854</b>	<b>3332 N Texas St #C</b>	<b>(707) 399-9082</b>
<b>Lewis, John</b>	<b>Facility #181041</b>	<b>1900 Pennsylvania Ave #A2</b>	<b>(707) 427-1026</b>
<b>Ramos, Richard</b>	<b>Facility #670809</b>	<b>3075 Travis Blvd</b>	<b>(707) 435-9004</b>
<b>Sharma, Kuldeep</b>	<b>Facility #764630</b>	<b>1370 Holiday Lane</b>	<b>(707) 759-1039</b>
<b>Smile Time Dental</b>	<b>Facility #649816</b>	<b>1955 W Texas St #2B</b>	<b>(916) 984-4224</b>
<b>Son, Jeong</b>	<b>Facility #283948</b>	<b>1363 Oliver Rd #A</b>	<b>(707) 429-1708</b>
<b>Taasan, Marlon</b>	<b>Facility #180530</b>	<b>1545 N Texas St #309</b>	<b>(707) 422-6651</b>
<b>Valle Smiles</b>	<b>Facility #215112</b>	<b>1955 W Texas St #12</b>	<b>(707) 428-5400</b>
<b>Western Dental</b>	<b>Facility #194885</b>	<b>2440 N Texas St</b>	<b>(707) 422-4600</b>
<b>Western Dental</b>	<b>Facility #715038</b>	<b>1600 Travis Blvd</b>	<b>(707) 429-4000</b>

## Napa

<b>Smile Country Dental</b>	<b>Facility #505851</b>	<b>2016 Jefferson St</b>	<b>(707) 603-4955</b>
<b>Western Dental</b>	<b>Facility #480071</b>	<b>1260 Trancas St</b>	<b>(707) 501-5101</b>

## Novato

<b>Novato Smiles Dentistry</b>	<b>Facility #561871</b>	<b>948 Diablo Ave</b>	<b>(415) 897-8020</b>
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## Petaluma

<b>Design Dental Smiles</b>	<b>Facility #694863</b>	<b>1456 Professional Dr #401</b>	<b>(707) 763-3203</b>
<b>Petaluma Dentistry</b>	<b>Facility #703907</b>	<b>26 4<sup>th</sup> St #C</b>	<b>(707) 787-5600</b>



**Rohnert Park**

<b>Bright Now!</b>	<b>Facility #275258</b>	<b>5755 Redwood Dr #200</b>	<b>(707) 584-1000</b>
<b>Rohnert Park Smiles</b>	<b>Facility #574564</b>	<b>6315 Commerce Blvd</b>	<b>(707) 584-7401</b>

**Santa Rosa**

<b>Dentists of Santa Rosa</b>	<b>Facility #727948</b>	<b>370 Coddington Ctr</b>	<b>(707) 867-1310</b>
<b>Gentle Dental</b>	<b>Facility #463512</b>	<b>1421 Guerneville Rd #102</b>	<b>(707) 528-7000</b>
<b>Smile Country</b>	<b>Facility #215106</b>	<b>140 Stony Point Rd #A</b>	<b>(707) 578-3118</b>
<b>Stony Point</b>	<b>Facility #506654</b>	<b>479 Stony Point Rd</b>	<b>(707) 523-3700</b>
<b>Western Dental</b>	<b>Facility #272661</b>	<b>1240 Farmers Ln</b>	<b>(707) 542-5200</b>
<b>Western Dental</b>	<b>Facility #269080</b>	<b>4100 Montgomery Dr #B</b>	<b>(707) 537-2020</b>
<b>Western Dental</b>	<b>Facility #715053</b>	<b>1144 Sonoma Ave #108</b>	<b>(707) 523-2399</b>

**Vacaville**

<b>All Smiles Dental</b>	<b>Facility #420225</b>	<b>1241 Alamo Dr #11</b>	<b>(707) 447-8289</b>
<b>Amanjee, Sarathy</b>	<b>Facility #533797</b>	<b>141 Parker St #B</b>	<b>(707) 450-1003</b>
<b>Carlson, Craig</b>	<b>Facility #170837</b>	<b>344 Cernon St</b>	<b>(707) 447-9339</b>
<b>Nut Tree Smiles Dentistry</b>	<b>Facility #489688</b>	<b>1011 Helen Power Dr</b>	<b>(707) 451-8390</b>
<b>Vacaville Dentistry</b>	<b>Facility #611076</b>	<b>671 Elmira Rd #130</b>	<b>(707) 215-5259</b>
<b>Western Dental</b>	<b>Facility #396759</b>	<b>791 E Monte Vista Ave</b>	<b>(707) 359-2211</b>

**Vallejo**

<b>Esguerra, Carolina</b>	<b>Facility #205538</b>	<b>2001 Springs Rd #A</b>	<b>(707) 649-1694</b>
<b>North Bay Dental</b>	<b>Facility #212144</b>	<b>475 Redwood St #30</b>	<b>(707) 643-1714</b>
<b>Western Dental</b>	<b>Facility #421824</b>	<b>3587 Sonoma Blvd</b>	<b>(707) 557-8000</b>
<b>Western Dental</b>	<b>Facility #715039</b>	<b>3400 Sonoma Blvd</b>	<b>(707) 554-4000</b>
<b>Western Dental</b>	<b>Facility #240413</b>	<b>133 Plaza Dr #R</b>	<b>(707) 557-6245</b>

# Vision

VSP Vision Monthly Premium	
<b>Member Only</b>	<b>\$9.50</b>
<b>Member + One (Spouse / Domestic Partner <u>or</u> Child)</b>	<b>\$19</b>
<b>Member + Family</b>	<b>\$28</b>

Eyecare is vital to your overall wellbeing. Eye exams not only can detect signs of potentially blinding conditions like glaucoma, diabetic eye disease, and macular degeneration, but they can also detect signs of cardiovascular disease, hypertension, diabetes, and high cholesterol that may go unnoticed.

This VSP PPO vision plan allows you to use any eye care provider, but choosing a VSP Choice Network provider provides you the highest benefits and lowest out-of-pocket costs. **Local VSP “Choice Network” providers can be found at: [www.VSP.com](http://www.VSP.com)**

<b>Benefit</b>	<b>VSP Choice Provider</b>	<b>Non-Network Provider</b>
<b>Eye Exam</b>	Covered in Full	\$45
<b>Lenses</b>		
Single Vision	Covered in Full	\$30
Bifocal	Covered in Full	\$50
Trifocal	Covered in Full	\$65
Lenticular	Covered in Full	\$100
Progressive (Standard)	Covered in Full	N/A
<b>Contacts</b>		
Fit & Follow-Up Exam	\$60 Co-Pay	Not Covered
Elective	\$200	\$105
<b>Frames</b>	\$200	\$70
<b>Deductible</b>	Exam: \$10 / Material: \$25	
<b>Frequency (Months)</b>	Exam: 12 / Lens: 12 / Frame: 24	

<b>Lens Options at VSP Providers</b>	<b>Member Co-Pay</b>
<b>Progressive Lenses (<i>Premium &amp; Custom</i>)</b>	\$40
<b>Polycarbonate (<i>Standard</i>)</b>	Child: \$0 / Adult: \$33
<b>Dye (Plastic Gradient / Solid Plastic)</b>	\$15 - \$17
<b>Photochromatic Lenses</b>	\$31 - \$82
<b>Scratch Resistant Coating</b>	\$17 - \$33
<b>Anti-Reflective Coating</b>	\$43 - \$85
<b>Ultraviolet Coating</b>	\$16

# Personal Accident

*All Benefit Levels Include Secure Travel Rider*

Benefit Levels	Member Monthly Premium	Member & Family Monthly Premium
\$100,000	\$4.90	\$6.60
\$200,000	\$9.80	\$13.20
\$300,000	\$14.70	\$19.80
\$400,000	\$19.60	\$26.40
\$500,000	\$24.50	\$33.00
Spouse / Domestic Partner benefit is 50% of member benefit (40% if child is covered). Child benefit is 10% of member benefit, max \$30,000. Age reduction applies: Age 70: 65%; Age 75: 45%; Age 80: 30%		

This low-cost policy protects you and your loved ones in case of serious injury or death in an accident. Coverage is guaranteed - no medical questions and all ages are covered! Coverage is also available for your spouse/domestic partner and your child(ren) up to age 26.

The Personal Accident portion of this plan is a **cash benefit**. If you or your covered loved one is seriously injured or killed in an accident, a cash benefit will be paid out. Member benefit levels range from \$100,000 to \$500,000.

Additional benefits included at no additional cost are:

- ✓ Up to an additional \$25,000 for home alteration & vehicle modification.
- ✓ Up to an additional \$10,000 for rehabilitation expenses.
- ✓ Up to an additional \$37,500 for wearing a seatbelt & having a functioning airbag.

The **Secure Travel** rider is included with all benefit levels. It provides special benefits any time you travel more than 100 miles from your home. Use of these benefits does not reduce the payment level you have selected for Personal Accident. These benefits are completely independent.

- ✓ Emergency Medical Evacuation
- ✓ Repatriation of remains
- ✓ Prescription refill services
- ✓ Assistance with lost or stolen items
- ✓ Translation and interpretation services
- ✓ If traveling alone, transportation for a loved one if you're going to be hospitalized for 10+ days.
- ✓ Return travel for companion who is delayed due to your emergency.
- ✓ Return travel for dependent child (<16) who is left unattended because of your emergency.
- ✓ Up to \$10,000 upfront guarantee of payment for needed medical expenses so you can get the necessary care you need. You are responsible for repaying these funds to Secure Travel.
- ✓ Emergency Cash Advance - Up to \$1,500
- ✓ Pre-trip planning services
- ✓ Emergency message relay
- ✓ Medical / Dental referrals
- ✓ Legal, Embassy, & Consulate referrals

# ID Shield

*Identity thieves target everyone, but seniors are disproportionately affected.*

<b>Monthly Premium</b> <i>Note: An email address is <u>required</u> for ID Shield coverage.</i>	
<b>Member Only</b>	<b>\$8.45</b>
<b>Member + Family (Children up to age 18)</b>	<b>\$15.95</b>

No one needs to tell you how bad identity theft has become. We all know at least one person who was a victim. For the US alone, 33% of citizens have experienced identity theft, \$56 billion in annual losses, 15 million victims, 2.5 million identities stolen, and it goes on. And it's all kinds of fraud. The most common fraud is for government benefits, followed by credit card, bank fraud, and utility fraud.

ID Shield members have both protection and peace of mind. Protection through numerous layers of monitoring and peace of mind that if something does happen, ID Shield's dedicated team of licensed private investigators will assist in protecting and restoring your identity – no matter how long it takes.

With its proprietary High-Risk Application and Transaction Monitoring, ID Shield checks to confirm details connected to your identity are safe. If changes are noted, you'll receive immediate notification.

Credit Bureaus are monitored. You're alerted to suspicious activity, credit checks, new accounts, cards reported lost/stolen/over limit, liens/judgements, you incorrectly listed as deceased, derogatory remarks, charge offs, bankruptcy filings, address changes, and addresses associated with your name.

Dark web scanning is performed on global black-market sites, chat rooms, file sharing networks, and social feeds. Scanning is done looking for a member's Personally Identifiable Information, matches of name, birthday, SSN, email address, Driver's License, Passport, Medical ID, and phone number.

Social Media Monitoring checks for over 20 different sources of fraud and identity theft. You may not have a Facebook, Twitter, LinkedIn, or Instagram account, but someone impersonating you may!

Court Records Monitoring detects criminal activity associated with your information due to potential ID theft. Hundreds of millions of records are searched using court records from county courts, Department of Corrections, Administration of the Courts, and other legal agencies.

Payday Loan monitoring covers thousands of online, rent-to-own, and payday lender storefronts, looking for unauthorized activity using your personal information.

ID Shield is pro-active in monitoring breaches. If one occurs, members have unlimited access to identity consultation services. If theft occurs, an investigator will advise you on best practices tailored to the specific situation and can open a case for restoration. ID Shield will do whatever it takes, for as long as it takes, to restore your identity to its pre-theft status.

# Armadillo Home Warranty

Monthly Premium	
Appliances Plan	\$27.30
Essentials Plus Plan	\$49.99

Armadillo provides affordable protection when home appliances and systems break down. Whether it's kitchen, laundry, heating/cooling, plumbing, or electric, Armadillo covers the cost of repairs or replacements, coordinates service appointments, and ensures it's all done swiftly and hassle-free.

What makes Armadillo different from other home warranty companies?

- Transparency - The simplest 2-page home warranty plan out there.
- Less Fine Print - We removed over 80% of typical home warranty exclusions.
- Qualified and Reputable - We use only qualified and reputable service technicians.
- Flexibility - If you prefer, you may use your own trusted providers and we'll reimburse you.
- Faster than Fast - Request service in less than 2 minutes at any time.

Plans are available for your primary residence, vacation home, rental property, and your family members' homes. With three plans to choose from, it's easy to get the right level of protection.

Annual Coverage Details	Appliances Plan	Essentials Plus Plan
Level of protection	\$7,500	\$7,500
Service Fee per Claim	\$100	\$100
Kitchen Appliances	\$2,000	\$1,000
Laundry Appliances	\$2,000	\$1,000
Plumbing Systems	Not Covered	\$3,000
Electric Systems	Not Covered	\$3,000
Air Conditioning & Heating	Not Covered	\$2,000
Water Heater	Not Covered	\$1,000

\*See additional details, terms, & conditions at [www.pgagencies.com/scare/home/](http://www.pgagencies.com/scare/home/) or call (844) 403-2123

# Emergency Assistance Plus

Emergency Assistance Plus “Essential Plan” <u>Annual</u> Premium	
Member Only	\$129
Member + Family*	\$189
<p>*Family coverage includes Spouse and Dependent Children</p> <ul style="list-style-type: none"><li>• Through age 18</li><li>• Through age 22, if unmarried and a full-time student</li><li>• Adult children or grandchildren who are solely dependent on the member for support due to mental or physical disabilities.</li></ul>	
To enroll: <a href="http://www.myeapplus.com/pedit">www.myeapplus.com/pedit</a> or call: (877) 883-1935.	

Emergency Assistance Plus (EA+) is a crucial safety net that protects you when you travel. Whether you're traveling across the state or across the world, this annual membership program protects you.

If facing a medical emergency, EA+ automatically steps in to help you with more than 20 emergency and medical services, so you can focus on your recovery and not on the costs. You'll feel confident knowing that if the hospital you're admitted to can't properly treat your condition, EA+ will transport you to the nearest appropriate hospital. Once you're stable, EA+ will arrange your transportation home.

EA+ services include:

## Medical Evacuation

- Emergency medical monitoring by an EA+ medical expert.
- Air ambulance or emergency medical evacuation from an inadequate facility to the nearest appropriate facility.
- A medical specialist is sent to you to assist in determining your medical condition and travel suitability.
- Continuous updates to your designated family member or physician.

## Medical Assistance

- Transferring your insurance information to medical providers to ensure your medical care is not delayed or denied.
- Cash advance for medical payments against a valid credit card.
- Prescription replacement assistance.
- Worldwide 24-hour doctor/ER/dentist/attorney locator.

## **Transportation Home**

- Transportation home after hospitalization.
- A nurse escort during your trip home, if deemed necessary.
- Return of deceased remains.
- Vehicle returned home.

## **Assistance for Companions**

- One round-trip economy-class airline ticket to bring a loved one to your hospital bedside if you're traveling alone.
- Airfare home for dependent children or grandchildren who are left unattended due to your hospitalization.
- Emergency message forwarding assistance.
- Pet care and return home assistance.
- Ticket home for a traveling companion if you are evacuated, transported home or pass away while away from home.

## **Vital Travel Assistance**

- Intelligence regarding weather, travel, health, inoculations, travel restrictions, & special events.
- Real-time security intelligence on political unrest, social instability, weather, & health hazards.
- Emergency cash transfer assistance against a valid credit card.
- Lost luggage assistance.
- Document replacement assistance.
- Language interpretation assistance.
- Assistance in making flight arrangements, securing visas, and with other logistics if you need to leave a threatening situation.

EA+ has been exclusively offered by Worldwide Rescue & Security (WRS) for over 20 years. WRS is a leading provider of emergency travel, rescue and security products to members of affinity clubs, loyalty groups, alumni associations, professional organizations, auto clubs and airline loyalty programs. WRS partners with top medical assistance companies to provide emergency related services to members.

With EA+, you will have access to:

- Customized medical, security and travel assistance 24 x 7, 365 days a year.
- Access to a network of 32 medical assistance companies located over 5 continents.
- 53 response centers throughout the world.
- Access to over 1500 air ambulances worldwide.
- Medical teams responsible for continual monitoring of travelers around the world receiving medical attention.
- Expert staff fluent in 70+ languages and in-depth knowledge of local cultures and procedures.

*For those interested in an even higher level of benefits, a Premier plan is also available.*

*Please see [www.myeaplust.com/pedit](http://www.myeaplust.com/pedit) for pricing and details.*

# Legal Shield

*Legal issues can be costly. We've leveled the playing field for about 50¢ a Day!*

**Monthly Premium is \$15.95**

***Note: An email address is required for Legal Shield coverage.***

Spouse / Domestic Partner coverage is automatically included.

Child coverage is included if the child meets one of the following criteria:

- 1) Under 18.
- 2) Under 21 (23 if full-time student) and they live at home and have never been married.
- 3) Any age, mentally or physically disabled, and a dependent of the member.

Have you ever needed a Will prepared or updated? Signed a contract and not known exactly what you were agreeing to? Received a traffic ticket? Had an insurance claim denied? Wouldn't it be nice to say, *"I'll have my attorney handle this"* and actually mean it? With Legal Shield, you can say it and mean it.

For more than 40 years, Legal Shield has provided members direct access to attorneys, available 24/7 for covered emergency situations. Legal Shield's nationwide network of affiliate lawyers have an average of 19 years of experience. When you need help, you won't have to talk to a rookie, a paralegal, or a law clerk, but rather you will deal directly with highly experienced lawyers.

No one ever plans on legal trouble, but the unpredictability of life often throws you a curveball. Instead of trying to navigate the legal system alone, Legal Shield can help you. Whether it's as simple as writing a letter or having an attorney make a call on your behalf, or a more serious issue that leads to time in court, you can breathe easy with Legal Shield on your side.

All legal consultations start off with a call to the main provider law firm in your state. For California, the law firm of Parker Stanbury has been retained. Parker Stanbury is a full-service law firm with specialists in many areas of the law. With over 40 attorneys on staff, with a combined 700+ years of legal experience, Parker Stanbury can help with your legal issues.

Many experienced lawyers charge \$400 an hour or more. With Legal Shield, you'll experience the safety and security that over 4,000,000 members enjoy, all for around 50¢ a day. Access to convenient quality no-cost legal help will only be a toll-free phone call away. Your dedicated law firm is paid by Legal Shield, so their sole focus is on serving you, not billing you.

Benefits of Legal Shield membership include:

**Advice** - Your attorney may provide unlimited legal advice on a wide range of legal topics, both personal and professional.



**Standard Will Preparation with Annual Reviews/Updates** - Having an up-to-date Will is part of being a responsible adult. However, 68% of Americans don't have one and the numbers are even higher for minorities. Legal Shield members may receive a Will with annual updates/reviews at no cost. Spouses and covered children may have a Will drafted for just \$20.

Wills can help protect your assets from probate and intestacy laws and significantly reduce the time spent in costly probate court. They provide control of gifting assets to the specific people you choose. You also receive peace of mind, knowing that your assets are protected, and your loved ones cared for.

**Living Wills** and **Healthcare Power of Attorneys** are also available. For members requiring a significantly higher level of estate planning, **Trust** preparation is available with a 25% discount.

**Letters and Phone Calls on Your Behalf** - Attorneys will write letters or make phone calls on your behalf at no cost to you. Whether it's a person or company that has taken advantage of you, refused to do as promised, didn't honor a return, or did a poor job, once the other party sees that you have legal representation, they know you are serious and will work to get the situation resolved.

**Legal Document Review** - Attorneys will review contracts and legal documents up to 10 pages each. They will explain in "plain English" any legal terms and will suggest any changes they deem necessary. If the other party has acted improperly, the attorney can contact them on your behalf to resolve the issue.

Whether signing a cell phone contract, booking a hotel, or wanting to ensure you get your full security deposit back, legal document review can save you thousands of dollars and countless headaches.

**Motor Vehicle Services** - Attorneys will help you navigate the twisting roads of moving violations, accidents, defense for charges of manslaughter, involuntary manslaughter, negligent homicide, or vehicular homicide, damage recovery, driver's license issues and personal legal injury assistance.

**IRS Audit Legal Services** – The prospect of an audit is terrifying. Even worse, the IRS conducts audits of all tax brackets, not just the rich. With Legal Shield, if audited, your attorneys will provide consultation or assistance and you may receive up to 50 hours of attorney's time to help defend the audit.

**Trial Defense** - If you or your spouse are named as a defendant in a covered civil or criminal action, your Legal Shield attorney will provide up to 60 hours of defense at no additional cost to you.

**Other Issues** - Your law firm may provide coverage for issues not covered by this plan. These services are offered at a negotiated rate, which is **at least 25% below standard rates**. These issues may include DUI, drug matters, hit-and-run, bankruptcy, divorce and related matters, garnishments, charges of tax fraud\evsion, business tax returns, and suits filed due to conditions that were foreseeable prior to enrollment.

*Note: Benefits listed are for California. Benefits outside California may vary slightly.  
Certain benefits have limits on time and scope of coverage.*

# Pet Insurance by Nationwide

*Available for Dogs, Cats, Birds, & Exotic Animals*

Our cuddly companions are part of the family, and we strive to provide them with the best care, but sometimes costs make decisions difficult. Pet insurance removes costs from the decision process and allows you to focus on the best course of treatment for your loved ones.

Nationwide Pet Insurance offers multiple plans to meet your needs. They offer both defined benefit plans that pay a set dollar amount for each covered procedure. They also offer percentage reimbursement style plans that pay a percentage (50% and 70% levels available) of the procedure cost.

All plans allow you to use any vet, including specialty and ER, of your choosing. Plans may include coverages for:

- Veterinary Exams
- Wellness Exams
- Vaccinations
- Prescription Medicine
- Hospitalization
- Surgeries
- Injuries
- Illnesses
- Cancer
- Specialty Vets
- Emergency Vets
- Hereditary Condition
- Chronic Condition
- X-Ray, MRI, CT Scan, Ultrasound
- Prescribed Therapeutic Diets
- Prescribed Nutritional Supplements
- Dental Diseases
- Congenital Conditions
- Blood Disorders
- Eye Disorders
- Musculoskeletal Disorders
- Respiratory Conditions
- Behavioral Exam & Treatment
- Flea & Heartworm Prevention
- Blood Work
- Urinalysis
- Diagnostic Testing
- 24/7 *vethelpline*

## Monthly Premiums (Paid Directly to Nationwide)

**Premiums vary based on your desired coverage level and factors such as pet type, breed, and age.**

**For a quote, to enroll, or for more information, visit [www.petinsurance.com/scare](http://www.petinsurance.com/scare) or call Nationwide at (877) 738-7874 and mention SCARE for the special discounted rates.**

# United Pet Care

*Available for Dogs, Cats, Birds, Rabbits, Ferrets, Pocket Pets, & Reptiles*

Monthly Premium	Preferred & Partner Plans
1 Pet	\$17.50
Each Additional Pet	\$16.50

United Pet Care (UPC) offers a unique approach to pet care savings. Through a network of over 1,500 qualified vets, members receive **instant savings** on everything from exams to surgeries, hospitalization, vaccines, spay/neutering, diagnostic, radiology, dental, and other preventative and sick care procedures. These savings are applied instantly at the vet office.

Unlike traditional insurance, there are no deductibles, no claim forms, no waiting period, no pre-existing condition exclusion, and no limit on the number of vet visits. Whether your cuddly companion is youthful and in great health or has been with you a long time and has some issues, with UPC you will start saving money from day one!

With UPC, pet parents select a vet from their large network of qualified vets and can begin receiving savings instantly. A current list of local vets is available by visiting the UPC website or calling UPC.

For those hours when vets are usually closed, all UPC memberships include Televet, the perfect blend of technology and expertise to assist pet owners in the everyday health and care of their pets. Available 24-hours a day, pet parents have access to call, chat, and video conference with vets who can provide real-time recommendations, and records of the calls will automatically be sent to your primary vet.

Extra Perks for members can include discounts on pet prescriptions, saving up to 87% off human equivalent generic pet medications and up to 20% off brand name pet drugs. Members also receive \$50 off an in-home vet appointment using BetterVet.

Through special arrangement, UPC members receive a 25% discount on at-home testing by My Simple Pet Labs. Accurate and reliable in-home testing options for routine stool, ear infection, and skin & itch tests are available. Each test comes with general education and advice on treatment options, without requiring them to visit a vet.

**To enroll, for more information, or for a list of current vets, visit:**

**[www.UnitedPetCare.com/scare](http://www.UnitedPetCare.com/scare)**

**or call UPC at (877) 872-8800 and mention SCARE.**

# Term Life Insurance

## *High Benefit Amounts - Low Costs*

Estimated Monthly Rates per \$100,000 Benefit (Average healthy non-smoker)				
Age	Female		Male	
	10 Year	20 Year	10 Year	20 Year
60	\$43	\$60	\$51	\$81
65	\$62	\$110	\$83	\$142
70	\$95	\$212	\$137	\$235
75	\$166	Not Available	\$241	Not Available
Must be under age 76 to qualify for coverage.				

Term life insurance allows you to protect your loved ones from outstanding debts such as a mortgage, credit cards, or hospital bills, or covering an obligation you made, such as college tuition for a grandchild. Minimum amount of coverage is \$100,000.

Term refers to a set amount of time during which the policy is active. Premiums never change and the benefit amount stays the same. Your beneficiary will receive the full benefit upon your passing. Term policies do not accrue cash value and you may cancel them at any time.

Rates are medically underwritten. A free and fast in-home health check by a nurse is required. This typically lasts around 20 minutes.

**Note:** People with diabetes, heart disease, high cholesterol, or high blood pressure may not qualify. Those who do will have premium rates approximately 100% higher.

People actively taking medication for or treated within the last two years for cancer, depression, heart attack, or stroke will not qualify for coverage.

Non-smoker means no tobacco use in 24 months. Tobacco user premiums are approximately 150% higher.

# Amplifon Hearing

*Increase the quality of your life!*

Hearing loss is a natural part of life, and while there may be no cure, a hearing aid usually helps most people. Whether the hearing loss is age-related or caused by other factors including damage by loud noises, viral infections (mumps, measles, chickenpox, rubella), drugs (aspirin and quinine), or various antibiotics, a hearing aid can help.

Amplifon Hearing Health Care, the longest-serving provider of hearing benefit solutions in the US, has partnered with SCARE to offer members a FREE hearing aid discount program.

Members have access to Amplifon's expansive nationwide network of over 5,600 locations and can choose from more than 1,700 hearing aid models, from leading brands such as Miracle-Ear, Oticon, Phonak, and Starkey.

No cost benefits also include a low-price guarantee; a three-year warranty including coverage for repairs, loss or damage; one-year free follow-up care; 2-years of free batteries mailed directly to your home; and a 60-day no-risk trial period. The Amplifon program provides average savings of 62% off manufacturers' suggested retail prices.

## **Amplifon Hearing Health Care**

**The Benefit is FREE to  
All SCARE Members & Their Family**

To take advantage of this benefit, simply call Amplifon at **877-846-7075** and let them know you're a SCARE member. A Patient Care Advocate will assist you.

# Frequently Asked Questions

## **When does the Open Enrollment period end?**

Forms must be postmarked by March 29, 2024. We strongly recommend you submit your form as early as possible, so we may address any issues and make sure you receive an ID card before your coverage(s) start.

## **When do the coverages begin?**

Coverages will begin June 1, 2024.

## **I'm not making any changes; do I have to do anything?**

No! If you are not making any changes to your current coverages, you do not need to submit an enrollment form. Your current coverages will continue.

## **Can I add my spouse/domestic partner or dependent child to my coverage?**

Yes. To add a dependent to your coverages, complete the enrollment form and select the appropriate Member + box. Please make sure to provide all the dependent information.

## **How do I cancel a benefit I'm currently enrolled in?**

If you wish to cancel a benefit, please write cancel across the benefit box. *Leaving the box unchecked will not cancel that benefit.* You may also send an email to [cancel@pgagencies.com](mailto:cancel@pgagencies.com) stating your name, date of birth, and which benefit plan you wish to cancel. Please note, we cannot cancel your membership in the retiree association. You must contact the association for membership changes.

## **Who do I contact with questions?**

With regards to *any benefit plan listed in this booklet*, please contact Pacific Group Agencies, the Benefit Plans Administrator, at 800-511-9065 or [SCARE@pgagencies.com](mailto:SCARE@pgagencies.com).

Do NOT contact SCARE, SCERA, or Sonoma County Benefits Unit about these plans. They will be unable to help you.

## **I have coverages with the County, do I have to cancel their plan if I enroll in yours?**

Enrolling in these plans will not affect your enrollment in other plans. If you wish to cancel a County plan, you must contact them directly.



# Sonoma County Association of Retired Employees

## Benefits Enrollment Form

For Office Use Only

Received

Effective Date

### Step 1: Provide your information. PLEASE PRINT CLEARLY.

Last Name		First Name		Full Social Security Number Required	
Male/Female	Date of Birth	Telephone (       )	E-mail Address		
Home Address					
City			State		Zip

### Step 2: If selecting spouse / domestic partner / family coverage, provide their information.

Spouse / Domestic Partner Name		Date of Birth	M / F	Full Social Security Number Required
Child Name <i>(Please note child coverage age limits. If disabled, please provide proof with enrollment.)</i>		Date of Birth	M / F	Full Social Security Number Required
Child Name <i>(Please note child coverage age limits. If disabled, please provide proof with enrollment.)</i>		Date of Birth	M / F	Full Social Security Number Required

### Step 3: Select the plans that are right for you. Also complete Step 4. Premiums are deducted from your checking account.

Dental		Vision		ID Shield
Select Plan (Select One): <input type="checkbox"/> PPO (Ameritas) <input type="checkbox"/> HMO (Cigna) Facility #: _____ <i>Located in HMO Directory in guide.</i>	Who is covered (Select one): <input type="checkbox"/> Member Only <input type="checkbox"/> Member + Spouse <input type="checkbox"/> Member + Child <input type="checkbox"/> Member + Family	Who is covered (Select one): <input type="checkbox"/> Member Only <input type="checkbox"/> Member + Spouse <input type="checkbox"/> Member + Child <input type="checkbox"/> Member + Family	Who is covered (Select one): <input type="checkbox"/> Member Only <input type="checkbox"/> Member + Spouse <b><i>This plan requires an email address.</i></b>	
Personal Accident			Legal Shield	
Who is covered (Select one): <input type="checkbox"/> Member Only <input type="checkbox"/> Member + Family	Select AD&D Benefit Amount: <input type="checkbox"/> \$100,000 <input type="checkbox"/> \$200,000 <input type="checkbox"/> \$300,000 <input type="checkbox"/> \$400,000 <input type="checkbox"/> \$500,000	Provide beneficiary information: Beneficiary: _____ Relationship: _____		Plan covers member & family <input type="checkbox"/> Member + Family <b><i>This plan requires an email address.</i></b>
Armadillo Home Warranty				
Select Plan (Only select One): <input type="checkbox"/> Appliance Plan <input type="checkbox"/> Essentials Plus Plan		Property Address, if differs from Step 1, to be covered. Address _____ City _____ State _____ Zip _____		



TURN OVER FOR ADDITIONAL PLAN INFORMATION



**Step 4: Provide your checking account information.**

<div style="display: flex; justify-content: space-between;"><div>➔</div><div><b>CHECKING ACCOUNT INFO HERE</b></div><div>➔</div></div>	
<div style="display: flex; justify-content: space-between;"><div><p>YOUR NAME</p><p>1234 Main Avenue</p><p>Your City and State</p></div><div style="text-align: right;"><p>1234</p></div></div>	
<div style="display: flex; justify-content: space-between;"><div><p>PAY TO THE ORDER OF _____</p></div><div style="text-align: right;"><p>DATE _____</p><p>\$ <span style="border: 1px solid black; display: inline-block; width: 100px; height: 20px; vertical-align: middle;"></span></p><p>DOLLARS</p></div></div>	
<div style="display: flex; justify-content: space-around; align-items: flex-end;"><div style="text-align: center;"><p>051458745</p><p>Routing Number (9 Digits)</p></div><div style="text-align: center;"><p>000123456789</p><p>Account Number</p></div><div style="text-align: center;"><p>1234</p><p>Check Number</p></div></div>	
<p><b>Please provide the following information below.</b></p>	
<p><b>Bank Name</b> _____</p>	
<p><b>Routing Number</b> _____</p>	
<p><b>Account Number</b> _____</p>	
<p>By signing this form, I hereby authorize Pacific Group Agencies to deduct from my checking account the current premiums. Such deduction will continue until I notify Pacific Group Agencies in writing. I understand that the dental and vision plans have a minimum one year commitment. I acknowledge I have read the Disclaimer and Member Requirements in the benefit guide.</p>	
<div style="display: flex; justify-content: space-between;"><div><p><b>SIGN HERE</b></p><p>➔ X _____</p></div><div style="text-align: right;"><p><b>Date</b> _____</p></div></div>	

**Step 5: For other plans, please see below.**

<p><b>Pet, Travel Guard, Emergency Assistance Plus, &amp; Amplifon Hearing</b></p> <p>Please refer to the Benefits Guide for information on enrolling in these plans.</p> <p>If you need assistance, please call our Administrator, Pacific Group Agencies, at (800) 511-9065</p>
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<b>Life Insurance</b>
<p>Rates listed in the Benefits Guide are estimates for an average healthy non-smoker. Final rate is determined by the Underwriter after reviewing your life insurance application and medical records.</p> <p>Rates are approximately 100% higher for those with diabetes, heart disease, high cholesterol, or high blood pressure.</p> <p>Rates are approximately 150% higher for healthy tobacco users. Tobacco users with other health issues will likely not qualify for coverage.</p> <p>People actively treated for cancer, depression, heart attack, or stroke within the last two years will not qualify for coverage.</p> <p>If you would like to be emailed an application for life insurance check here. <input type="checkbox"/></p>

**If you have questions or need assistance in filling out these forms,  
call the SCARE Plan Administrator, Pacific Group Agencies, at (800) 511-9065.**

**Please mail this completed form in the enclosed postage paid envelope to:  
Pacific Group Agencies, Inc, 25876 The Old Road #11, Santa Clarita, CA 91381**



# Disclaimer & Member Requirements

In promoting the health, well-being, happiness, and continuing productivity of its members, SCARE members have access to voluntary benefits offered through Pacific Group Agencies (PGA). SCARE itself does not endorse, provide, or administer these benefits, but rather makes them available to members. SCARE may receive compensation from PGA for administrative assistance and member access.

This guide contains summaries and highlights. Certain wording has been shortened or changed into “plain English”. Exclusions, limitations, and eligibility requirements may apply. While every effort has been made to ensure this information is accurate and fairly represents the coverage offered, mistakes can occur. This is not a Certificate of Insurance (COI) and nothing written or implied will change the COI terms.

An individual cannot assume they have effective coverage, even if they submitted an enrollment form, until the carrier has sent the proposed insured verification of coverage including effective date.

Insurance carriers have the right at any time to change: the rules, regulations, terms of coverage, availability, guidelines placed on the application, policies, enrollment, rates, and offering of products. While infrequent, without warning providers may discontinue their affiliation with an insurance company. There is no guarantee that a provider will remain affiliated with an insurance company.

Some plans have a minimum commitment. Should you cancel coverage by any action, including stopping payment, before the commitment is up, PGA, at its sole discretion, reserves the right to retroactively cancel your insurance to the original effective date and refund your premiums paid. You acknowledge responsibility for any outstanding or paid claims and discounts received by utilizing a network provider.

Coverage may be terminated without warning should payment stop for any reason or your SCARE membership lapses.

## Cancellations:

- Cancellations must be received by the 5<sup>th</sup> of the month for processing for the next following month.
- **We do not accept phone cancellations.** Cancellations must be in writing to PGA, by email (cancel@pgagencies.com), mail, or fax (800-549-0059). Cancellations sent to the insurance carrier, retirement system, or SCARE, may not be processed and under no circumstance is PGA liable to refund premiums taken due to us not receiving proper or timely notice. PGA may adjust your cancellation date to match deductions received.
- Payment cancellation may result in monies being owed to PGA for premiums advanced. You agree to reimburse PGA all monies owed, and costs associated with collection of these monies.
- Retroactive cancellation requests will not be honored.

It is the responsibility of the member to:

- Report to PGA changes that affect insurability or eligibility of dependents, including children becoming over-age. We do not track the age of your children. Notifying the retirement system or SCARE will not suffice as privacy laws prevent the relay of this information. Premiums are considered earned and cannot be refunded should you fail to notify us.
- Confirm you are enrolled in the correct and suitable plan.
- Maintain SCARE membership while enrolled in the benefits.
- Provide address changes to PGA.

For questions on the plans or the enrollment process, please contact the plan administrator, Pacific Group Agencies, CA License 0078489, at: (800) 511-9065 or SCARE@pgagencies.com.